

MAT Course Information

About the Course

The MAT is a competency-based course and must be taught by an approved MAT Trainer. A written test of 95 questions, a randomized skills demonstration, and a liquid measurement demonstration must be successfully completed before certification can be issued. The MAT class (content and practice) lasts approximately 8 hours. However, since participants are given two opportunities to pass each competency; class time may need to be extended in order to accommodate testing and re-testing. Class size is limited to 8 participants.

Purpose

The MAT course certifies providers in child day programs to administer prescription medication in a child care setting using seven routes: oral, topical, inhaled, medicated patches, eye, ear and emergency injection of epinephrine using an auto-injector device.

Who Must Attend?

The *Code of Virginia* (§54.1-3408) states that providers or staff members who work in licensed or regulated child day programs and who administer prescription medication must satisfactorily complete the MAT course.

According to 22 VAC 15-30-310 D of the *Standards for Licensed Child Day Centers*, providers or staff members who work in licensed child day centers (one type of child day program) and who administer prescription and/or non-prescription medication must satisfactorily complete the MAT course.

Course Requirements

To attend the MAT course a child care provider or employee of the program must be:

- at least 18 years old
- literate (able to read and write) in English
- have current certification in first aid
- have current certification in cardiopulmonary resuscitation (CPR)

Renewal

The original MAT certificate is valid for three years. You must renew your MAT certificate ***before*** the expiration date to continue to administer medication in your child day program. Reference the *MAT – Renewal Information*.